

FERN RIDGE CENTER ACTIVITY CALENDAR

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
PM	<p><u>Foot Care</u> by Geoff: Appt Only 9:30am-1:15pm</p> <p><u>Love Project</u> 10:00am – 1:00pm</p>	<p><u>Massage</u> by Soma: Appt Only 10:00am–1:00pm</p> <p><u>Sewing</u> 10:00am-12:00pm</p> <p><u>Cribbage</u> 1:00pm-3:00pm</p>	<p><u>Reiki</u> by Darlene – Appt Only 9:30am-1:15pm</p>	<p><u>Foot Care</u> by Doreen: Appt Only 9:30am – 1:15pm</p>	<p><u>Foot Care</u> by Doreen: Appt Only 9:30am–1:15pm</p> <p><u>Chair Yoga</u> 10:00am-10:45am</p> <p><u>Mat Yoga</u> 11:00am-11:45am</p> <p><u>Love Project</u> 10:00am – 1:00pm</p>	
LUNCH	<p><u>Meals on Wheels</u> Dining Room Pickup 10:30am – 11:30am</p>	<p><u>On-Site Lunch</u> Prepared On Site 11:45am-12:30pm</p> <p><u>Orchid Health</u> 11:30am-1:30pm</p>	<p><u>Meals on Wheels</u> Dining Room Pickup 10:30am – 11:30am</p>	<p><u>On-Site Lunch</u> Prepared On Site 11:45am-12:30pm</p>	<p><u>Meals on Wheels</u> Dining Room Pickup 10:30am – 11:30am</p>	
PM		<p><u>KIWANIS</u> 1st., 2nd and 3rd Tuesdays 12:00pm–1:00pm</p> <p><u>Mexican Train Dominos</u> 1:00pm-5:00pm</p>	<p><u>Love Project</u> 3:00pm-7:00pm</p>	<p><u>Pinochle</u> 1:00pm-5:00pm</p> <p><u>Scouts</u> 6:00pm</p>		<p style="text-align: center;">FYI Notary @ City Hall M-F 9:00am- 12:00pm,</p>